

TELE-HEALTH VISIT STEP-BY-STEP

STEP 1: Log into your portal at yourhealthfile.com

First time user?
Activate Your Account

Username

Log In

Forgot username or password?
Instructional Videos

YourHealthFile
Your Portal to a Healthy Life

With the YourHealthFile patient portal, your path to wellness just got simpler

Sign in or activate your account to access these features and more!

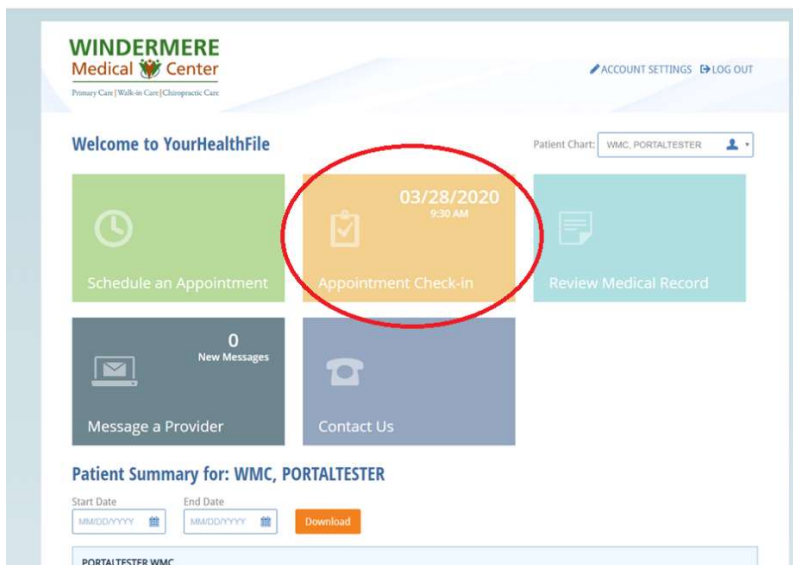
- Profile**
Review your personal account information, and complete forms.
- Clinical Summaries**
Review a detailed summary of your health record and the results of your last office visit, all online.
- Medications**
Review all the medications in your health record.
- Enhanced Communication**
Communicate with your practice via secure message system.
- Allergies**
Keep track of your allergies and avoid negative interactions.
- Lab Test Results**
Why wait for the call from the doctor's office? You can safely view the results of your lab tests online.

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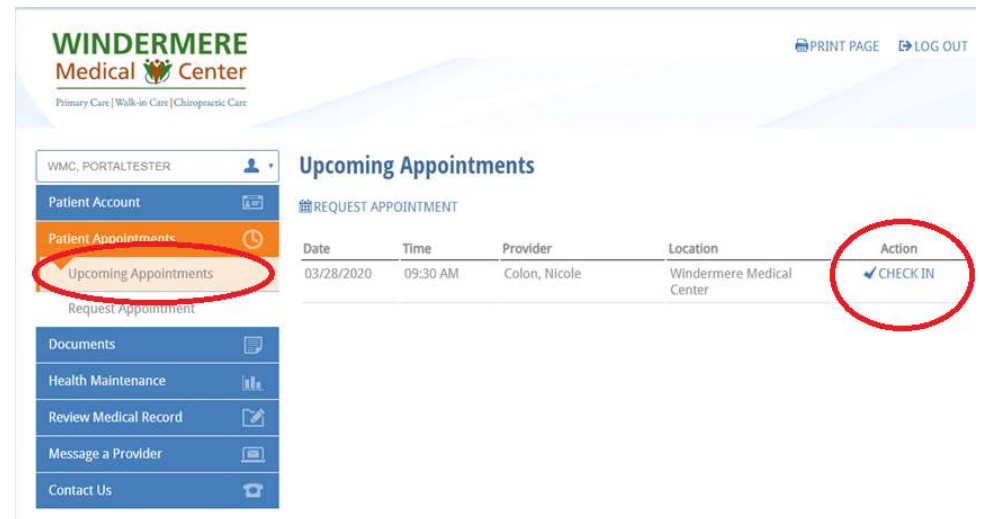
Select Language | Powered by Google Translate

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STEP 2: Begin the check in process (you may see either screen), click check-in



or



STEP 3: Verify Contact Information, update if needed. Click next.

WMC, PORTALTESTER

Primary Care | Walk-in Care | Chronic Care

Appointment Check-in Process

Use the select menu or PREV and NEXT buttons below to navigate the Appointment Check-in Process.

PREV Please verify your contact information NEXT **click here for next**

Please verify your contact information

UPDATE PATIENT INFORMATION **Update info if needed**

Patient Information

Name	PORTALTESTER WMC
Date of Birth	01/01/1983
Sex	Female
Race	Patient Declined
Ethnicity	Patient Declined
Language	English
Country	United States of America
SSN	XXX-XX-7898

Contact Information

Home Phone	(407) 888-5598
Email	WMCTESTPATIENT2020@GMAIL.COM
Written Contact Preference	Postal Mail

Emergency Information

There is currently no information to display

Employment Information

There is currently no information to display

Additional Information

STEP 4: Verify Insurance Information. Click NEXT.

WINDERMERE Medical Center
Primary Care | Walk-in Care | Chiropractic Care

PRINT PAGE LOG OUT

WMC, PORTALTESTER

- Patient Account
- Patient Information
- Patient Insurance**
- Account Settings
- Additional Account Access
- Audit Log
- Send My Record

- Patient Appointments
- Documents
- Health Maintenance
- Review Medical Record
- Message a Provider
- Contact Us

Appointment Check-in Process

Use the select menu or PREV and NEXT buttons below to navigate the Appointment Check-in Process.

PREV Please verify your insurance information NEXT

click next

Please verify your insurance information

+ ADD PATIENT INSURANCE

Insured	Payer	Group No.	Insured ID	Action
There are currently no records to display				

Billing Contact

The Billing Contact (or "Guarantor") is the person legally responsible for all charges incurred by the patient. If the information displayed below is incorrect, please contact your doctor's office.

Name	PORTALTESTER WMC
Relationship	Self
Address	undefined
Phone Number	(407)888-5598

STEP 5: Answer questions about your visit. Save Questions. Click NEXT.

WINDERMERE Medical Center
Primary Care | Walk-in Care | Diagnostic Care

WMC_PORTALTESTER | PRINT PAGE | LOG OUT

Appointment Check-in Process
Use the select menu or PREV and NEXT buttons below to navigate the Appointment Check-in Process.

PREV Please answer the following question NEXT

Please answer the following questions:

Adult ROS

CONSTITUTIONAL:
Fever / chills / wt. loss / wt. gain / body aches

Yes No **1** Click "yes" or "no" for all questions

Comment
fever

EYES:
Visual changes / pain / discharge

Yes No

Comment

ENT:
Sore throat / congestion / nasal discharge / earache

Yes No

Yes No

Comment

LYMPH:
Enlarged glands / tender glands

Yes No

Comment

PSYCH:
Depression / anxiety

Yes No

Comment

SKIN:
Rash / pruitus / laceration

Yes No

Comment

Save **2** click save

omForm.jsp?formId=102876

WINDERMERE Medical Center
Primary Care | Walk-in Care | Diagnostic Care

WMC_PORTALTESTER | PRINT PAGE | LOG OUT

Appointment Check-in Process
Use the select menu or PREV and NEXT buttons below to navigate the Appointment Check-in Process.

PREV Please answer the following question NEXT **3**

Please answer the following questions:

✓ The information you entered has been successfully saved **3** info saved, click Next

Adult ROS

CONSTITUTIONAL:
Fever / chills / wt. loss / wt. gain / body aches

Yes No

Comment
fever

EYES:
Visual changes / pain / discharge

Yes No

Comment

ENT:

STEP 6: Complete the questionnaire. Total the score. Save. Click NEXT

WMC, PORTALTESTER

Appointment Check-in Process

Use the select menu or PREV and NEXT buttons below to navigate the Appointment Check-in Process.

PREV Please complete the following questionnaire (PHQ9): NEXT

Please complete the following questionnaire (PHQ9):

Portal PHQ9

Question 1

Do you have little interest or pleasure in doing things?

0-Not at all

1

click the drop down, choose your response

Question 2

Do you feel down, depressed or hopeless?

0-Not at all

Question 3

Do you have trouble falling asleep, staying asleep or sleeping too much?

0-Not at all

Question 4

Do you feel tired or have little energy?

0-Not at all

Question 5

Do you have trouble concentrating on things like reading the newspaper or watching TV?

0-Not at all

1-Several days

Question 9

Do you have thoughts that you would be better off dead or of hurting yourself in some way?

0-Not at all

Question 10

If you have any of these problems, how difficult have these problems made it for you to take care of things at home, do your work or get along with others?

0-Not at all

Total Score

Total Score

1

add up scores, enter total

Save

Click save

Appointment Check-in Process

Use the select menu or PREV and NEXT buttons below to navigate the Appointment Check-in Process.

PREV Please complete the following questionnaire (PHQ9): NEXT

Please complete the following questionnaire (PHQ9):

Portal PHQ9

Question 1

Do you have little interest or pleasure in doing things?

0-Not at all

1

click the drop down, choose your response

Question 2

Do you feel down, depressed or hopeless?

0-Not at all

Question 3

Do you have trouble falling asleep, staying asleep or sleeping too much?

0-Not at all

Question 4

Do you feel tired or have little energy?

0-Not at all

Question 5

Do you have trouble concentrating on things like reading the newspaper or watching TV?

0-Not at all

1-Several days

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Do you have thoughts that you would be better off dead or of hurting yourself in some way?

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If you have any of these problems, how difficult have these problems made it for you to take care of things at home, do your work or get along with others?

0-Not at all

Total Score

Total Score

1

add up scores, enter total

Save

Click save

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PRINT PAGE LOG OUT

WMC, PORTALTESTER

Appointment Check-in Process

Use the select menu or PREV and NEXT buttons below to navigate the Appointment Check-in Process.

PREV Please complete the following questionnaire (PHQ9): NEXT

Please complete the following questionnaire (PHQ9):

✓ The information you entered has been successfully saved.

Portal PHQ9

Question 1

Do you have little interest or pleasure in doing things?

0-Not at all

1

Info saved, click NEXT

STEP 7: Complete Check-in Process, Click COMPLETE CHECK-IN PROCESS

ntmentCheckin.jsp?step=complete

WINDERMERE
Medical Center
Primary Care | Walk-in Care | Chiropractic Care

PRINT PAGE LOG OUT

WMC, PORTALTESTER

Patient Account

Patient Appointments

Upcoming Appointments

Request Appointment

Documents

Health Maintenance

Review Medical Record

Message a Provider

Contact Us

Appointment Check-in Process

Use the select menu or PREV and NEXT buttons below to navigate the Appointment Check-in Process.

PREV Complete Check-in Process

Complete Check-in Process

Thank you for checking in online today. The following steps of the check-in process will ask questions about your upcoming visit. Please try to provide as much detail as possible, this will help us better understand how to improve your wellness during your visit.

Check-in Completed

Please click the Complete Check-in Process button below to exit the process.

- 1. Please verify your contact information
- 2. Please verify your insurance information
- 3. Please answer the following questions:
- 4. Please complete the following questionnaire (PHQ9):

you will see 4 green checks

Complete Check-in Process **click Complete Check-in Process**

STEP 8: Your E-visit screen will appear. You should see yourself on the left and the provider on the right.

The screenshot shows a web browser window with the URL yourhealthfile.com/portal/eVisit.jsp. The page header for Windermere Medical Center includes the text "WINDERMERE Medical Center" and "Primary Care | Walk-in Care | Chronic Care". Navigation links for "PRINT PAGE" and "LOG OUT" are visible. The main content area is titled "e-Visit" and contains two side-by-side video feeds. The left feed shows a yellow smiley face, and the right feed shows a portrait of a male provider. Below the feeds, the word "You" is positioned under the smiley face and "Provider" is under the portrait, with red arrows pointing upwards from each label to its corresponding image. At the bottom of the interface, there is a text input field labeled "Your Questions", a "Send" button, and an "End e-Visit" button.